



Maria Borcsa

## Systemic Therapy and National Health Care Systems in Europe

	Country	Legal regulation	Systemic/family therapy as accepted psychotherapy modality	Costs covered by health services/ insurances
1	Albania	no	no/no information	no
2	Austria	yes (1990)	yes	mostly
3	Belgium	yes (2014)	yes	in transition
4	Bulgaria	no	yes	no (excluded)
5	Croatia	no	yes	in medical institutions
6	Czech Republic	no	yes	in medical institutions
7	Denmark	no	yes	only for authorized psychologists
8	Estonia	no	yes	in some public institutions
9	Finland	yes (1994)	yes	registered psychotherapists: 50-80% of costs
10	Former Yugoslav Republic of Macedonia	no	yes	yes, but limited
11	France	yes (2010) (title „psychotherapist” is protected, register)	yes, but only if medical doctor/psychologist	in medical institutions, private insurances partly
12	Germany	yes (1999)	yes	in clinics; accredited psychotherapists (except systemic /family therapy)
13	Greece	no	yes	in case of certain diagnoses
14	Hungary	yes (definition of psychotherapy)(1997)	yes	in public health services
15	Iceland	no	yes	partly
16	Ireland	no	yes	in public health services and other public institutions
17	Italy	yes (1989)	yes, but only if medical doctor/psychologist	in some public institutions, not in private practice
18	Kosova	no	yes	in public mental health centers
19	Latvia	no	yes, but not yet implemented in NHS	no (one private insurance company since 2013)
20	Liechtenstein	no	yes	yes

	Country	Legal regulation	Systemic/family therapy as accepted psychotherapy modality	Costs covered by health services/ Insurances
21	Lithuania	no/not applied (licensing of psychological psychotherapist actually stopped)	yes	in public institutions (8-12 sessions)
22	Luxemburg	no	yes	in medical institutions
23	Malta	yes (definition of psychotherapy)	yes	in public institutions and with private health insurance
24	Netherlands	yes (1998)	yes, but only if medical doctor/psychologist	almost all health insurance companies stopped reimbursing in 2013/14
25	Norway	no (Law for Practitioners of Alternative Treatment applies, also several sections of Authorized Health Workers law)	yes	in public health care and public institutions
26	Poland	no/only decree	yes	yes: psychiatrists, psychologists
27	Portugal	no	yes	partly (1/3), psychiatrists, psychologists
28	Romania	yes (2004)	yes	no
29	Serbia	no	yes	in public mental health centers/ centers for social work
30	Slovakia	yes (2006)	yes	yes, up to 25 sessions
31	Slovenia	no	yes	in psychiatric services
32	Spain	no	yes	no, only few private insurances
33	Sweden	yes (1998)	yes	yes
34	Switzerland	not on national level; yes on the level of most cantons	yes	yes, 90% for psychiatrists, others partly
35	Turkey	no	yes, as psychiatrist	in medical institutions
36	United Kingdom	no	yes	in NHS

**Table: Legal regulation of psychotherapy as profession in European countries, acceptance of systemic/family therapy (explicitly mentioned as a modality of practice) and coverage of costs (Crane 2013, Pritz 2002, Strauss et al. 2009, Sulz & Hagspiel 2011, oral/written communication).**